

College of Nursing, AIIMS, Bhubaneswar

Training program for nurses on Management of Substance Use Disorder

2/2/2020- 8/2/2020

WORKSHOP REPORT

Nurses training programme was conducted under the aegis of MOHFW, GOI. Nurses from AIIMS Bhubaneswar and various districts of Odisha attended this workshop. Registration and Pretest for the workshop was conducted for the participants before the commencement of the inauguration ceremony. The program was inaugurated by the Chief guest Dr. SC Mohapatra Dean, AIIMS Bhubaneswar. Guest of honor Dr. Sarada Prasanna swain director, SCB mental health institute of excellence, Dr Asha P Shetty, Principal, College of Nursing, Dr. Sachidananda Mohanty, Medical Superintendent, AIIMS Bhubaneswar and Dr. Susanta Kumar Padhy, HOD Psychiatry, AIIMS Bhubaneswar addressed the gathering.



Scientific sessions of first two days were focused on sensitizing the delegates about the magnitude of SUD in Odisha and legal aspects of substance use, sociocultural aspects of SUD in Odisha and the challenges in treatment, basic concepts of addiction, assessment and diagnosis of substance use disorders, conducting brief intervention and motivation enhancement therapy. The Second day sessions ended with a role play on brief intervention and the delegates acted out the role based on the clinical scenario given to them. Delegates also got an opportunity to share their own experiences of handling SUD patients in their clinical practice with experts.



Third day sessions focused on alcohol and its burden on liver diseases, Health consequences of smoking, effect of substance use in pregnancy and childbirth, emergencies in substance use and its management.



Scientific sessions on fourth day focused on alcohol dependence syndrome and its management, Assessment of Alcohol withdrawal-CIWA, Nursing management of patient with complicated and uncomplicated withdrawal, Behavioral addiction. Skill training sessions on management of alcohol withdrawal and seizures were conducted in the afternoon session. The sessions ended with two role plays on Family's role in management of SUD and Management of complicated withdrawals under guidance of Dr Renju Sussan Baby.



Fifth day sessions focused on Opioids and Cannabis dependence syndrome and its management, Relapse prevention, Psychosocial intervention in SUD and session about disulfiram counseling and handling violent behavior and de-escalation techniques.



Sixth day session focused on Nicotine dependence and 5As and 5R, Handling craving and nicotine withdrawal in inpatient set up, Managing patients with dual diagnosis, Smoking cessation and nicotine replacement therapy, Harm minimization: Prevention of SUD in the community, Consultation Liaison nursing in addiction nursing.



During the last day of the workshop a Quiz competition was conducted for all delegates. Videoconferencing sessions were conducted on Psychosocial intervention in SUD: group therapy, with faculty of NIMHANS Bangalore.



During the valedictory session Dr SushilKumar Kar, director of nursing Odisha chief guest addressed the gathering. Dr Asha P Shetty, Principal, CON, Dr SK Padhy , HOD Dept of Psychiatry addressed the gathering. Dr Renju Sussan baby presented the report of the workshop. Delegates were given prizes for skit competition and certificates of attendance were distributed to the participants. All the sessions were informative as well as interactive, as reflected from the feedback received from the participants.





Delegates and Organizers with Dr. S.P. Swain, Director, Centre of Excellence in Mental Health, Director nursing Odisha . SC Mahapatra, Dean (Academics), AIIMS Bhubaneswar , Medical Supt, AIIMS, HOD dept of Psychiatry, AIIMS.